

## Egg Glossary

While ordinary white chicken eggs make a beautiful blank canvas for all sorts of decorating projects, experiment with different types.

Eggs come in unusual colors and a variety of sizes. When combined, they make for a surprising display. Mix sizes (use quail for smaller and goose or ostrich for larger) and colors (dyeing brown eggs will alter the range of colors you can produce).

All eggs benefit from being wiped with vinegar before being dyed (it makes them take the color more evenly), but this step is crucial with some specialty eggs. Many types of eggs can be found at gourmet food stores or ordered, already blown-out and sanitized, from specialty suppliers.



## **CHICKEN EGGS**

The standard by which all others are judged. Color variations in the shell (whether white, mottled brown, palest blue) reflect the breed of hen and make little difference in crafting possibilities. Colored varieties are identical to white chicken eggs; when immersed in dyes, darker shells take on darker colors. Add them to the mix for a wider range of colored eggs.

## ARAUCANA EGGS

Eggs from Araucana chickens, like the ones raised by Martha on her farm in Bedford, have naturally pastel-hued shells — no dyeing required.

## **EMU EGGS**

Its emerald-green shell makes this variety more coveted for crafts than cooking. With such a rich jewel-toned shell, these make a great starting point for projects that involve embellishing eggs rather than dyeing them.

## DUCK & GOOSE EGGS

These eggs are large (duck eggs are larger than chicken eggs, goose eggs larger still) and have smooth white shells. In both cases, the shells are thicker than those of chicken eggs; wiping the surface with a paper towel dipped in white vinegar before dyeing, then immersing them in an extra-strong dye bath (add an extra tablespoon vinegar and a few additional drops food coloring to the basic recipe) will help the color penetrate.

## **QUAIL EGGS**

On the opposite end of the size spectrum are quail eggs. Tiny and dappled, these eggs make for dainty decorations.

### **OSTRICH EGGS**

The largest egg of all, its porcelain-like shell is the perfect medium for a variety of decorative art projects and make a showstopping addition to any Easter basket of table display.

# Preparing Eggs

Raw eggs can be prepared for decorating in one of two ways: hard-boiled or blown out. Your choice of preparation is dependant on how you intend to decorate the eggs. Hard-boiled eggs are best for edible projects like traditional vinegar dyeing, while blown-out eggs are better for more delicate techniques like painting, gilding, and decoupage. If you want to save eggs from year to year, choose the latter technique.





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## How to Make Hard-Boiled Eggs

Place eggs in a large saucepan. Cover them with 1 inch of cool water. Slowly bring water to a boil over medium heat; when the water has reached a boil, cover and remove from heat. Let sit  $12 \, \text{minutes}$ . This is our preferred method for hard-boiling eggs even for eating.

Transfer eggs to a colander; place under cool running water to stop the cooking.

## How to Blow Out an Egg

To empty a raw egg, begin by using the tip of a sharp utility knife to pierce both ends of the egg; turn the knife in one of the holes to widen it slightly. Then, poke a straightened paper clip through the larger hole to pierce and "stir" the yolk. Hold the egg, larger hole down, over a bowl, and then blow the contents out with a rubber ear syringe (available at drugstores).

## Dyeing Easter Eggs



## **BASE RECIPE**

### **MATERIALS**

White vinegar
Food coloring
Heatproof bowl, cup, or jar

## **STEPS**

- **1.** Mix 1 teaspoon of white vinegar and 1 cup of hot water in a heatproof bowl, cup, or jar deep enough to let you submerge an egg completely.
- **2.** Add liquid food coloring as indicated in the charts below to achieve the desired hues.
- **3.** Submerge eggs in dye according to charts.

| EDITOR'S TIP |

Prepare a bowl of plain white vinegar and dip eggs into the liquid before dyeing. The vinegar will take off any lumpy bits and make the eggs more absorbent.

## Color Wheels

To create different tints of a color, vary dipping times: submerge eggs for less than five minutes for light colors, and leave the egg in for more than ten minutes for deeper shades. Using tongs makes handling the eggs easy. When using more than one color on an egg (for dyed patterns), it usually works best if you can use similar colors, such as green and blue or red and orange (colors that are adjacent on the "color wheels"). Very different colors, such as red and green, tend to look muddy if they overlap (these colors are opposite each other on the color wheel).

## Neon

COLOR	DROPS PER CUP OF WATER	MINUTES
Dark Neon Green	10	25
Medium Neon Green	10	8
Light Neon Green	10	1
Dark Neon Pink	10	10
Medium Neon Pink	10	5
Light Neon Pinkn	10	1
Dark Neon Purple	10	10
Medium Neon Purple	10	5
Light Neon Purple	10	1
Dark Neon Blue	10	10
Medium Neon Blue	10	5
Light Neon Blue	10	1



## Dark

Bark			
COLOR	DROPS PER CUP OF WATER	MINUTES	
Yellow	20 Yellow	15	
Yellow-Orange	19 Yellow + 1 Red	12	
Orange	17 Yellow + 3 Red	12	
Red-Orange	6 Red + 14 Yellow	12	
Red	20 Red	4	
Red-Violet	15 Blue + 10 Red	5	
Violet	15 Blue + 5 Red	7	
Blue-Violet	18 Blue + 2 Red	5	
Blue	20 Blue	5	
Blue-Green	6 Blue + 14 Green	8	
Green	20 Green	8	
Yellow-Green	15 Yellow + 5 Green	10	



## Light

COLOR	DROPS PER CUP OF WATER	MINUTES
Yellow	20 Yellow	.5
Yellow-Orange	19 Yellow + 1 Red	2
Orange	17 Yellow + 3 Red	2.5
Pink-Orange	6 Red + 14 Yellow	2
Pink	20 Red	1
Pink-Violet	10 Blue + 10 Red	1
Violet	15 Blue + 5 Red	1
Blue-Violet	18 Blue + 2 Red	1
Blue	20 Blue	.5
Blue-Green	6 Blue + 14 Green	1.5
Green	20 Green	.5
Yellow-Green	15 Yellow + 5 Green	.5



## 3 Tricks for Decorating and Dyeing

## EGG DRYING PIN BOARD

Try one of our editors' best kept secrets: Set your dyed eggs to dry on a pin-board. This will prevent the color from pooling and drying in an uneven fashion. The board is simple to make and can be saved and reused year after year.

#### **MATERIALS**

Foam core

Ruler

Pencil

Sewing pins

#### STEPS

- **1.** Use 1/2 inch of foam core cut into a 10-inch square (you can make it as big or as small as you want).
- **2.** Using a pencil and ruler, draw a grid.
- **3.** Insert pins where the lines cross.
- **4.** Place eggs on pins to dry.



## 2 EGG PAINTING BOX

You don't need the steady hand of an artist to paint these graphic stripes on Easter eggs. The trick to uniform bands is a notched cardboard box, which helps control a blown-out egg and paintbrush.

#### **MATERIALS**

Small square cardboard box

Awl or corkscrew tip

Wooden skewer

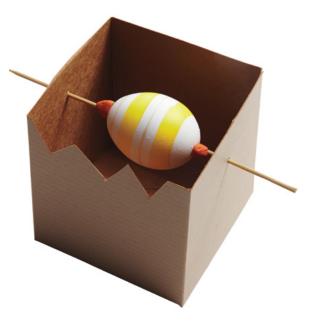
Adhesive putty

Paintbrush

Craft paint

### STEPS

- **1.** Cut three pointed notches in one side of box, as shown.
- **2.** With awl, punch holes on opposite sides of box, I inch below top edge, as shown.
- **3.** Push skewer in 1 side of box, then through holes in egg (enlarge as needed), then through other side of box.



- **4.** Knead 2 chunks of putty until soft. Pinch onto skewer and each end of egg to hold in place.
- **5.** Dip brush in water, then in paint. (The larger the brush, the wider the stripe will be.) Hold brush handle in a notch, with bristles resting on egg. Use other hand to turn skewer to make a stripe.
- **6.** Repeat in other notches for more stripes.
- **7.** Let dry.

## 3 EGG DYEING WITH A WHISK

This handy kitchen tool does it all It's our secret to mess-free egg dyeing and stain-free hands. Slip a single egg into the whisk, prying open the wire loops as necessarily to safely fit it inside. (Be careful not to break the outer shell.) With the egg securely caged inside the whisk, dip it in the colorful dye. Note that this is ideal for hard-boiled eggs and metal whisks work best as they won't pick up the dye (unlike plastic ones).

## Egg Decorating Ideas

You have everything you need to make your best Easter eggs yet. Now all you need is a brilliant idea! Start with one of our favorite projects:









## RESISTANT DYEING

Give eggs a graphic look with resistant dyeing. Vinyl letters, stickers, or narrow strips of electrical tape are applied to an egg; it's dyed, and then the letters are shifted before the egg is dipped into a different color.

### **MATERIALS**

1/4-inch-wide electrical tape

Food coloring

Paper towel

White vinegar

Vinyl letters

#### **STEPS**

- **1.** Wrap a strip of 1/4-inch-wide electrical tape (cut using a craft knife and cutting mat) around an egg. (If making alphabet eggs, apply adhesive vinyl letters to egg.)
- 2. Make a yellow dye bath: Add one teaspoon of white vinegar and five to 20 drops of food coloring to one cup of hot water; stir it regularly to keep the color even. Submerge egg in dye bath until desired shade is reached. Dry with a paper towel.
- **3.** Peel off tape. Apply a second, same-size piece of tape, wrapping it in the opposite direction.
- **4.** Submerge egg in a blue dye bath until desired shade is reached. Dry egg again.
- **5.** Peel off tape to reveal finished

## SILK-DYEING

No counting drops here! This technique transfers the silk's colors right onto the egg. Give your Easter eggs a one-of-a-kind look with this simple silk-dyeing technique. For this, you will need scraps of 100 percent silk – including cut-up silk ties, blouses, or boxers – large enough to cover an egg.



#### **MATERIALS**

Glass or enamel pot

Scissors

Silk fabric scraps

Squares of undyed cotton or pieces of old white sheets, pillowcases, or tablecloths that are large enough to cover silk-wrapped eggs

3 tablespoons white vinegar

Twist ties

Warm water

Tongs or spoon

Cooling rack

Vegetable oil

Paper towels

### **STEPS**

- **1.** Cut silk into pieces large enough to wrap around a raw egg.
- **2.** Tightly wrap a raw egg with a piece of silk, making sure the printed side of the material is facing the egg. Secure with a twist tie.
- **3.** Place the silk-wrapped egg in a piece of undyed cotton and secure tightly with another twist-tie.
- **4.** Place egg(s) in an enamel or glass pot. Fill the pot with enough water to cover eggs completely. Add three tablespoons of white vinegar to the water.
- **5.** Bring water to a boil, turn heat down, and simmer for 40 minutes or longer.
- **6.** Remove eggs from water with tongs or spoon, place on a cooling rack, and let cool.
- 7. Remove silk from cooled egg.
- **8.** For shiny eggs, wipe with a paper towel dabbed in vegetable oil.



## Applique Eggs

Accessorizing your egg is a good thing. Use the dye as a base. Then, build on top of that. Give your egg eyes, ears, lace, rhinestones, or clip







## < DECOUPAGED PAPER NAPKINS

Stylized patterns from paper napkins can brighten a clutch of undyed eggs. Tuck them inside a basket along with some holiday sweets for a one-of-a-kind Easter display.

### **MATERIALS**

Scissors

Patterned white paper napkins

Blown-out eggs (Learn how to blow out an egg with these step-by-step instructions.)

Mod Podge matte glue sealant Small and medium craft brushes

## STEPS

- 1. Trim loosely around the designs on a white napkin using small scissors. Separate printed top layer; discard lower sheets.
- **2.** Coat part of a blown-out white egg with Mod Podge using a small brush. Apply 1 cutout design to egg; smooth with brush. Let dry. Repeat, adding designs as desired.
- **3.** Apply Mod Podge with a medium brush to entire egg. Let dry.

## PAPER CUTOUTS

Bring the whimsy of scherenschnitte, the German art of paper cutting, to your eggs. Blown-out eggs, dyed and adorned with seasonal silhouettes, look delightful dangling from a cluster of quince branches.





### **Egg templates**

Paper (in a solid color, no thicker than construction paper

Transfer paper

Ballpoint pen

Small scissors

Decoupage glue

Gel-ink pen

1/8-inch-wide silk ribbon Sewing needle

#### STEPS

- **1.** Dye blown-out eggs using our instructions as desired. Let dry.
- **2.**Laypaper(solidcolor,nothicker thanconstructionpaper)forsilhouettes faceup on work surface. Lay asheet of transfer paper facedown on silhouette paper. Placetemplate printout on top; trace character outlines with a ballpoint pen.
- **3.** Cut silhouettes along transferred outlines using small scissors.

- **4.** Coat back of 1 cutout with decoupage glue using a small brush. Apply cutout to egg; smooth using tip of brush handle. Let dry. Repeat, adding cutouts as desired.
- **5.** Apply decoupage glue to entire egg with a medium brush. Let dry. (For place cards, write names on finished eggs' silhouettes with a gel-ink pen.)
- **6.** Thread a 10-inch length of 1/8-inch-wide silk ribbon through the eye of a long needle.
- 7. Insert needle in bottom hole of blown-out egg: draw it up through top hole. Leave a hanging loop at the top, and draw needle back down through top and bottom holes.
- **8.** Knot ribbon 2 to 3 times near bottom hole (make sure knot doesn't slip through the hole). Trim ribbon ends.
- **9.** Hang eggs from quince or other spring-blooming branches that are secured inside a vessel weighted with stones.





## PAPER DOILIES

Craft these delicate eyelet-inspired beauties from inexpensive paper doilies (available in bulk online).

### **MATERIALS**

Eggs

Paper doilies

Glue dot adhesives

Mod Podge découpage glue

#### **STEPS**

- **1.** The large duck egg gets its ruffles from overlapping cut-up scalloped strips, secured along the bottom edges with Glue Dots.
- **2.** To create the melted-on look of the little eggs, adhere smaller doily pieces to the shell using dècoupage glue.



## STICK-ON DECALS

Printable clip-art, decals, and even temporary tattoos will adhere to eggs smoothly. All you need is a pretty design. Here, we use spring motifs such as these birds and flowers in a rich rainbow of colors.





### **MATERIALS**

Ink-jet printer

Clear decal paper

Craft scissors

Spray varnish

Decal eggs clip-art - red

Decal eggs clip-art - yellow

Decal eggs clip-art - purple

Decal eggs clip-art - blue

Decal eggs clip-art - pink

Decal eggs clip-art - orange

#### STEPS

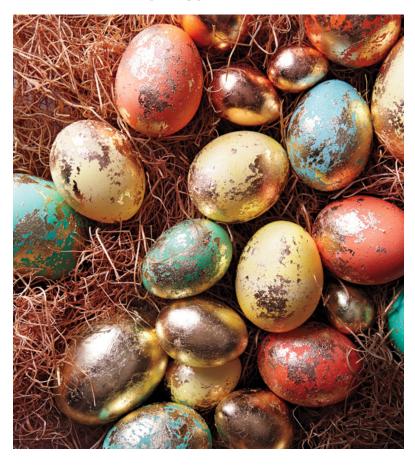
**1.** Print clip-art onto decal paper. (Open our PDF in Adobe Reader or Acrobat Pro to print.)



- **2.** Spray the paper with two coats of varnish; let dry after each coat.
- **3.** Cut out individual decals, staying as close to the designs as possible. Soak them in a bowl of water for about a minute.
- **4.** Remove a decal from the water and slowly separate it from its backing, sliding it onto the egg as you go. Smooth with your fingertips. Gently press a paper towel against the decal to absorb excess water.
- **5.** Let dry a few minutes; repeat with additional decals. Try multiples of the same design, or a collage of different images.
- **6.** Let dry overnight, then spray with a coat of varnish to preserve design.

## FOILING AND GILDING

The fabled "golden egg" never looked quite so cool and organic: Ours were dyed in bright colors, then brushed with copper or gold leaf. And you can get as greedy as you like — the metallic leaf is surprisingly affordable.



### **MATERIALS**

Gold leaf
Food coloring
Transfer adhesive
2 stencil brushes



### **STEPS**

- **1.** Dye eggs with food coloring as desired; let dry.
- **2.** For a mottled finish, brush a very small amount of transfer adhesive sparingly onto shell. Let dry 25 minutes. (For fully gilded eggs, brush adhesive all over.)
- **3.** Press metallic leaf against egg, shiny side down; burnish with fingertips. Peel away paper backing.
- **4.** For a mottled finish, go over foiled egg with a dry stencil brush; bristles will remove a bit of leaf. (For fully gilded eggs, leave as is.)



## **GLITTERING**

Glitter, anyone? Add sparkle to your Easter celebration with these fluorescent varieties. (Not only does the color choice give little Easter egg hunters a leg up, they also lend a shot of rowdy neon to a holiday otherwise characterized by polite pastels.) Start with dyed eggs and glitter in the same shade will prove to intensify the color.

#### **MATERIALS**

Glitter

Craft glue

Spoon

Paintbrush

Drying pinboard (refer to page 14 for how-to)

#### **STEPS**

- **1.** Brush half an egg with craft glue, and sprinkle with glitter (it's best to use).
- **2.** Place the egg on a drying rack, glitter side up, to dry.
- **3.** Repeat on the other side of the egg



# Dyed Easter Eggs Using Shaving Cream

Skip the vinegar and dye your Easter eggs in softer, easy-to-clean shaving cream. This kid-friendly technique allows you to mix and marbleize different colors. Before dyeing, prepare eggs to be blown hollow. We recommend mixing two varieties of food coloring at once — that way, the colors don't get muddy. To mix multiple two-tone colors at once, use a mini pie pan or muffin tin with multiple cups, or ramekins as we did here.





#### **MATERIALS**

White eggs
Food coloring
Shaving cream
Dyeing containers
Tongs
Coffee stirrers
Paper towels

### **STEPS**

- 1. Pour shaving cream into containers. Add drops of first food coloring, mixing well with coffee stirrer until combined.
- **2.** Add a few drops of secondcolor; dragstirrer through cream to add swirlsandcreatedesigns; workoverwholecontainer, or focus on specificareas.
- **3.** Submerge your eggs inthecoloredcreamand letsitfor15to20minutes. (The longer they are submergedinthecream, the brighter your dyed eggs will be.)
- **4.**Removeeggsfromdye with tongs, and gently wipe clean with a paper towel.

## Natural Dyeing

Look to Mother Nature for colorful – and nontoxic – inspiration for colorful dyes. Common food items such as red cabbage, onion skins, and coffee can be used to transform plain white eggs into a rainbow of colors.





## **COLOR GLOSSARY**

Natural dyes can sometimes produce unexpected results, so don't be surprised if, for example, your red-cabbage dye yields blue eggs. Use the following guide to help you achieve the colors you desire.

COLOR	STEPS	TIME
DEEP GOLD	Boil eggs in <b>Turmeric</b> solution	30 Minutes
SIENNA	Boil eggs in <b>Onion-Skin</b> solution	30 Minutes
DARK, RICH BROWN	Boil eggs in <b>Black Coffee</b>	30 Minutes
PALE YELLOW	Soak eggs in room-temperature <b>Turmeric</b> solution	30 Minutes
ORANGE	Soak eggs in room-temperature <b>Onion-Skin</b> solution	30 Minutes
LIGHT BROWN	Soak eggs in room-temperature Black Coffee	30 Minutes
LIGHT PINK	Soak eggs in room-temperature <b>Beet</b> solution	30 Minutes
LIGHT BLUE	Soak eggs in room-temperature <b>Cabbage</b> solution	30 Minutes
ROYAL BLUE	Soak eggs in room-temperature <b>Cabbage</b> solution	Overnight
LAVENDER	Soak eggs in room-temperature <b>Beet</b> solution	30 Minutes
	Follow with room-temperature <b>Cabbage</b> solution	30 Seconds
CHARTREUSE	Soak eggs in room-temperature <b>Turmeric</b> solution	30 Minutes
	Follow with room-temperature <b>Cabbage</b> solution	5 Seconds
SALMON	Soak eggs in room-temperature <b>Turmeric</b> solution	30 Minutes
	Follow with room-temperature <b>Onion-Skin</b> solution	30 Minutes

## NATURAL DYES

- RED-CABBAGE DYE4 cups Chopped Cabbage
- TURMERIC DYE
   Tablespoons Turmeric
- ONION-SKIN DYE4 cups Onion Skins(skins of about 12 onions)
- **BEET DYE**4 cups Chopped Beets
- COFFEE DYE1 quart Strong Black Coffee (instead of water)

### NATURAL DYES RECIPE

#### **MATERIALS**

Natural dyeing agents (red cabbage, turmeric, onion skins, beets, and coffee)

3-quart pot (or larger)

White vinegar

Strainer

Small bowls

Large metal spoon

Paper towels

Drying rack

**NOTE:** With this method, the eggs and the ingredients for the dye are boiled separately.

### STEPS

- 1. Select a dyeing agent, and place it in the pot using the amount (From page 13) Add 1 quart water and 2 tablespoons white vinegar to pot; if more water is necessary to cover ingredients, proportionally increase the amount of vinegar. Bring to a boil, then lower heat. Allow the ingredients to simmer for 30 minutes. Strain dye into a bowl.
- 2. Prepare eggs for dye by patting them dry with paper towels, and let dry on a wire rack. The cold-dipping method produces subtle, translucent shades, but can result in uneven coloring unless the eggs are rotated vigilantly while in the dye. For hollow eggs that will last indefinitely, cold-dip raw

- eggs, then blow them out after they are dyed.
- **3.** Using a metal spoon, lower cooled hard-boiled eggs into a bowl of cooled dye, and let them soak for as little as 5 seconds or as long as overnight, depending on the depth of color desired. Remove eggs with spoon, pat dry with paper towels, and let dry on a wire rack. The cold-dipping method produces subtle, translucent shades, but can result in uneven coloring unless the eggs are rotated vigilantly while in the dye. For hollow eggs that will last indefinitely. cold-dip raw eggs, then blow them out after they are dved.
- **4.** This method involves boiling the eggs with the dye; the heat allows the dye to saturate the

- shells, resulting in intense, more uniform color. Set raw eggs in a pot of strained dye; bring to a boil for the amount of time specified in our color glossary (see below). Remove and dry eggs as with the cold-dipping method.
- **5.** Natural dyes tend to fade over time, so finish any eggs you plan to keep with a matte or gloss acrylic spray varnish. To create an egg-spraying stand, stick a 6-inch length of wire into a block of Styrofoam; prop a hollow egg onto the wire through one of its holes.
- **6.** Spray egg with a coat of varnish in a well-ventilated area, and let dry.

# Add a Shiny Finish

You can give your egg a nice sheen by applying a few coats of sprayable gloss enamel after you are done dyeing. You can try this process on a variety of eggs, as we did here. The eggs' natural patterns and hues produce different effects when they're dyed—plus, the range of sizes will add interest to your holiday display.

