Men’s Mittens

Supplies
3 skeins worsted-weight yarn
3 skeins 3-ply needlepoint yarn (or leftover yarn in DK or worsted weight)
Knitting needles, U.S. size 8 (or size needed to obtain gauge)
Crochet hook, U.S. size H

Gauge
Eighteen to 20 stitches equals four inches in garter stitch.

Sources

Notes:
• The mittens are knitted in garter stitch.
• For every row, the first stitch is always knit; the last stitch is always slipped as if to purl with the yarn in front.
• Make 1 left: Insert left tip under the horizontal ladder between last stitch worked and the next stitch from front to back; then knit this lifted stitch through the back loop.

Knit one mitten piece
Cast on 38 stitches.
Row 1: Knit in pattern as described above. (Knit across, slip last stitch as if to purl with the yarn in front.)
Row 2: Knit 1, make 1 left, then knit the rest of the row. (Slip the last stitch, as established. Continue to do so in all following rows.)
Row 3: Knit across.
Row 4: Knit 1, make 1 left, then knit across.
Rows 5 through 7: Knit across.
Row 8: Knit 1, knit 2 together, then knit across.
Row 9: Knit across.
Row 10: Knit 1, knit 2 together, then knit across.
Row 11: Knit across.
Row 12: At the beginning of this row, cast off 14 stitches, and knit across row. (You have 24 stitches on the needle.)
Row 13: Knit across all stitches. At the end of the row, cast on 17 stitches.
Rows 14 and 15: Knit 2 rows.
Row 16: Knit 1, make 1 left, then knit across.
Row 17: Knit across.
Rows 18 through 21: Repeat rows 16 and 17 two more times (44 stitches).
Rows 22 through 37: Knit 16 rows.
Row 38: Knit 1, knit 2 together, then knit across.
Row 39: Knit across.
Rows 40 through 43: Repeat rows 38 and 39 two more times (41 stitches).
Row 44: Cast off 4 stitches at the beginning of this row, then knit across (37 stitches).
Row 45: Knit across. At the end of the row, cast on 4 stitches (41 stitches).
Rows 46 and 47: Knit 2 rows.
Row 48: Knit 1, make 1 left, then knit across.
Row 49: Knit across.
Rows 50 through 53: Repeat rows 48 and 49 two more times (44 stitches).
Rows 54 through 62: Knit 9 rows.
Row 63: Cast off 24 stitches, knit across (20 stitches left). The cast-off should be on the opposite side of your work from the other two cast-off rows (rows 12 and 44).
Row 64: Knit across. At the end of the row, cast on 14 stitches (34 stitches).
Rows 65 and 66: Knit 2 rows.
Row 67: Knit 1, make 1 left, then knit across.
Row 68: Knit across.
Row 69: Knit 1, make 1 left, then knit across (36 stitches).
Row 70: Knit 1, knit 2 together, then knit across.
Row 71: Knit across.
Rows 72 through 76: Knit the next 5 rows as follows: Knit 1, knit 2 together, then knit across.
(You have 31 stitches left after fifth decrease row).
Cast off remaining 31 stitches.

Knit the other mitten piece
Repeat the steps above.

Finish the mittens (using a single crochet stitch)
1. For the right mitten, lay the knit piece in front of you, with the original cast-on on your right and the thumb pointing away from you. Folding at the notch created with rows 38 and 39, fold the left side onto the right side, lining up the top curves of the mitten’s front and back.
2. Fold up the thumb piece from the final cast-off. Then fold the long thumb piece from the cast-on over it.
3. First, using a single crochet stitch to connect the two layers, crochet around the top curve of the mitten, starting at the junction with the thumb.
4. At the end of the curve, clip off with 3-inch excess, and sew in the ends on the inside of the mitten.
5. Next, using a different color (if you like), start again at the thumb. Crochet around the thumb and down to the cuff. Continue crocheting all around the wrist. Snip off and sew in ends by weaving them in on the inside of the mitten.
6. For the left mitten, lay the knit piece in front of you, with the original cast-on on your left and the thumb pointing away from you. Folding at the notch created with rows 38 and 39, fold the right side onto the left side, lining up the top curves of the mitten’s front and back.
7. Fold up the thumb piece from the final cast-off, then fold the long thumb piece from the cast-on over it.
8. First, using a single crochet stitch connecting the two layers, crochet around the top curve of the mitten, starting on the side opposite the thumb.
9. At the end of the curve and at the junction with the thumb, clip off with 3-inch excess, and sew in the ends on the inside of the mitten.
10. Next, with a different color (if you like), start at the cuff near the seam. Crochet around the cuff first, then up the thumb seam and around the thumb to the junction. Snip off and sew in ends by weaving them in on the inside of the mitten.